

Faculty of Architecture					
Study programme:	Architecture and Urban Planning		Degree level: 1st degree, full-time programme full-time/part-time programme:		
Specialization			Diploma path: -		
Module name:	Centre for Physical Education and Sport				
Module type:	obligatory	Semester: 1	ECTS 1	Module ID: AUI1089	
No. of hrs in semester:	L -	C - 30	LC-	P-	SW- S-
Prerequisites:	<i>Complete with prerequisites or "-"</i>				
Teaching methods:	class	Assessment:	Evaluation must be relevant to the intended learning outcomes		
		test			
Aims and objectives:	Developing physical fitness; acquiring positive habits for active and healthy lifestyle; learning and perfecting techniques and tactics required for selected sport disciplines. Getting students interested in sport.				
Module content:	Team sports – indoor football, volleyball, basketball, and table tennis. How to prepare and warm-up correctly. Developing mobility. Learning and perfecting techniques and tactics required for aforementioned disciplines. Sports' rules and laws. Participation in departmental competitions.				
Learning outcomes	<i>Write min. 4, max. 8 learning outcomes in the following order: knowledge - skills - competences. Each learning outcome must be verifiable.</i>			<i>Relevance to the programme learning outcomes</i>	
LO1	Familiar with health and safety rules.				
LO2	Familiar with techniques and tactics required for aforementioned disciplines.				
LO3	Has practical abilities to use the techniques in sports, knows how to correctly warm-up				
LO4	Knows how to work in a team, participates in departmental competitions.				
student workload	attendance				
			TOTAL:		
quantitative indicators	Student workload - activities that require direct teacher participation		30	ECTS	
	Student workload - practical skills activities			1	
basic references:	1.Frańczek K.: Piłka siatkowa.PWSZ Krosno,2010. 2. Kulczycki R.; Tenis stołowy bez tajemnic.Gorzów Wielkopolski: PZTS 2002. 3.Dudziński T; Nauczanie podstaw techniki i taktyki koszykówki. Poznań: AWF 2005.4.Gołaszewski J;Piłka nożna. Poznań; AWF 2003.				
supplementary references:	1.Wołyniec J.;Przepisy gier sportowych w zakresie podstawowym. BK, 2006.				
learning outcomes	<i>methods of assessing learning outcomes</i>			<i>type of class (if more than one) where the outcomes are assessed</i>	
LO1	Test. Essay about sport for students unable to participate in class.				
LO2	Test.				
LO3	Test.				
LO4	Test.				
LO5					
LO6					
LO7					
LO8					
Department:	Centre for Physical Education and Sport		Group instructors: Centre for Physical Education and Sport instructors		
Date:	01.10.2012		Coordinator: Piotr Klimowicz PhD		

L - lecture C - class LC - laboratory class P-project
SW - specialization workshop S - seminar